

2023 BLOOD DRAW



The Empower Wellness Screening Program

Louisiana Assessors' Association

Thoughtfully designed to help you take control of your health.

STAY HEALTHY Take a positive step. Your health is worth it!

Empowerment

Our screening services are thoughtfully designed to provide you with a better understanding of your health. We're empowering you to take the next steps toward illness prevention and a happier, healthier life. Participate in a screening and take control of your future!

SCREENING PROGRAM OVERVIEW

Your Screening Package Includes:

- **Panel C** - Testing that consists of a 37-component blood chemistry profile.
- **Hemoglobin A1c** - Assesses blood sugar levels over the past 90 to 120 days. This test can help diagnose type 2 diabetes and prediabetes.
- **Prostate Specific Antigen (PSA)** - Screens for signs of prostate cancer in men. (Included at no cost for men age 40+)
- Blood Pressure and Body Mass Index Reading
- Self-Reported Height and Weight
- Empower Health Assessment™
- One year of unlimited access to our user portal, designed to help you understand and grow your health.
- Results are confidentially and securely available online at empower.health within 2-3 business days of your event.

Schedule your screening and explore helpful health content on empower.health!

Returning Participants: If you previously created an account, sign in under "Welcome Back!"

New Participants: Complete "New User" fields and enter client code: **LouisianaAssessorsEHS**

Program Details

You have the power to create a healthy future. Through the **EHS Comprehensive Panel C**, you are given the ability to better understand your health and work towards preventing serious illness. Our Panel C tests the following:

HEART & DIABETES	COMPLETE BLOOD COUNT	KIDNEY, LIVER & THYROID	NUTRITION
Glucose	Red Blood Cells	BUN & Creatinine	Calcium
Total Cholesterol	White Blood Cells	T4 & Potassium	Total Protein
HDL (Good Chol.)	Hemoglobin	Phosphorus & eGFR	Albumin
Non-HDL	Hematocrit	Chloride & Sodium	Uric Acid
LDL (Bad Chol.)	Platelet Count	Alkaline Phosphatase	Iron
Cholesterol Ratio	Red Blood Cell Distribution	Total & Direct Bilirubin	Magnesium
Triglycerides	MCH, MCHC, MCV	SGOT, SGPT, Gamma GTP & LD	

EHS Panel C testing can detect:

- Heart Disease & Stroke
- Diabetes
- Anemia, Infections & Certain Cancers
- Kidney Disease
- Liver & Gallbladder Abnormalities
- Thyroid Disease
- Gastrointestinal Disorders
- Nutritional Disorders

WHO CAN PARTICIPATE?

ELIGIBLE PARTICIPANTS

Employees, Spouses, Retirees
& Retiree Spouses

SCREENING FEES

No cost to you!

Screening Location & Date

Calcasieu Parish Assessor's Office

1011 Lakeshore Drive, Suite 101, Lake Charles, LA

Thursday, February 16, 2023

8:00 am - 12:00 pm

Conference Room

SIGN UP TODAY!
empower.health



1. Go to: empower.health

Returning Participants: If you previously created an account, sign in under "Welcome Back!"

New Participants: Complete "New User" fields and enter client code: **LouisianaAssessorsEHS**

Your username cannot contain any symbols or spaces. You will receive an email confirmation. Verify your email to complete the registration process.

2. On the Dashboard, complete the Empower Health Assessment™

3. Return to the Dashboard and click "Register" to schedule an appointment for an onsite event

4. Once you have scheduled an appointment, download and [print one \(1\) copy of your requisition](#) to bring to your screening (REQUIRED)

Your results will be available online within 2-3 business days of your event.

Reminders:

- **Fast 8 hours and drink 2 glasses of water 1-2 hours prior to your appointment.**
- Registration closes at NOON the business day prior to your event.
- If you have recently experienced any cold, flu or COVID-19 symptoms, please do not attend your event.

Need assistance?

Please contact the EHS Customer Support Team at 866.367.6974 or support@empowerhealthservices.com