

Program Details

The Empower Health Services Individual Screening Program allows you to identify health risks early and better understand your overall wellness. You have the option to complete your screening at a local lab.

Your Screening Package Includes:

- **Panel C** – Testing that consists of a 37-component blood chemistry profile. In addition to identifying signs of heart disease and diabetes, Panel C tests for liver and kidney malfunction, and thyroid, blood, and nutrition disorders.
- **Hemoglobin A1c** – Assesses blood sugar levels over the past 90 to 120 days. This test can help diagnose type 2 diabetes and prediabetes.
- **Prostate Specific Antigen (PSA)** – Screens for signs of prostate cancer in men. (Included for all men age 40+)
- **Self-Reported Blood Pressure Evaluation** – Please provide your most recent blood pressure reading during the online registration process. Blood pressure is expressed by a systolic (top number) and diastolic (bottom number) measurement. (Example: 120/80; 120 = systolic and 80 = diastolic)
- Self-Reported Height and Weight
- Empower Health Assessment™
- One year of unlimited access to our NEW user portal, designed to help you understand and grow your health.
- Results are confidentially and securely available online at empower.health within 5-7 business days of your event.

ELIGIBLE PARTICIPANTS

Employees, Spouses, Retirees,
& Retiree Spouses

SCREENING FEES

No cost to you,
billed to your company

REGISTRATION DEADLINE IS 04/15/22

SCREENING DEADLINE IS 04/29/22

Follow These Steps To Participate

1. Create an account on our NEW health portal: empower.health

This is not the same registration site used for previous EHS screenings. All participants must create a new account.

- a. **Complete "New User" fields and enter client code: LouisianaAssessorsEHS**
(Your username cannot contain any symbols or spaces)
- b. After clicking "Sign Up," you will receive an email confirmation. Verify your email to access your account.

2. Complete the Empower Health Assessment™

From the dashboard, select "Start Assessment".

3. On the dashboard, click "Register" and select "Individual Program"

Complete all required fields and self-reported measurements.

4. Review and e-sign Informed Consent by 04/15/22

5. Await your LabCorp confirmation email

Once the registration steps are complete, your lab order will be processed within 24 hours. You will receive a confirmation email containing next steps. You must wait until you receive this email before visiting the lab.

6. Visit the lab by 04/29/22

- a. Your confirmation email will include your COR order number. Please bring this number to your appointment.
- b. We recommend printing your LabCorp Requisition to bring to the lab. You can access your requisition and lab information through your personal empower.health portal.

7. After your visit to the lab:

You can expect to receive an email letting you know that your screening results are ready to view online approximately 5-7 business days from your lab visit.

Please contact your local Human Resources Administrator with questions regarding the EHS Individual Program and your company's benefits plan. With questions about participating in the EHS Individual Program, please contact EHS:

- Phone: 866.367.6974
- Email: individualprogram@empowerhealthservices.com